

## VETERINARY ACUPUNCTURE



**On 13 September 2018** the next **Hybrid Veterinary Acupuncture course** starts in the Netherlands, organized by Healthcare-Academy Den Hoek.

This course is accredited by **IVAS** (International Veterinary Acupuncture Society) and is organized in partnership with the Dutch IVAS affiliate, the **SNVA** (Samenwerkende Nederlandse Veterinaire Acupuncturisten). This course is also accredited by the Dutch **CPD** (Collectief Praktiserende Dierenartsen) with 284 points.



Acupuncture should be a 'hands on' education and therefore a large part of the theoretical lectures and of course the ample practical sessions are offered on-site. This allows students to learn and understand acupuncture in the most personal interactive way. But in modern and busy times, we want our students to benefit from the possibility of flexible study by offering pre-recorded lectures as well. The aid of the online lectures will allow you to be more prepared for the on-site portions of the course. Besides, you will have access to the IVAS online platform with additional recorded presentations, a forum and online quizzes as a teaching and study aid.

Right from the first session, you can start practicing acupuncture with basic needling techniques on your patients. We are proud that we have plenty of wet lab sessions and guided workshops with live patients throughout the course for the much-needed hands-on experience, and the high-quality recorded lectures for home study. With this, we offer a modern and flexible way to study veterinary acupuncture at a high quality level.

Our teachers are internationally respected and renowned veterinarians and/or acupuncturists and are capable of teaching and guiding their students to become competent fellow acupuncture professionals. The teachers are: Linda Boggie (course coordinator), Ina Gösmeier, Peter den Dekker (Chi Kung instructor), Eric Laarakker, Ellen Kral, Katja Görts, Dietrich Graf von Schweinitz, Annika ten Napel and Aleid Hillebrand. The course language is English and all of our speakers are proficient in English; Linda Boggie and Dietrich Graf von Schweinitz being native speakers.

**After completion of the course** you will be able to explain how acupuncture works based on the latest insights in neurophysiology, you will have gained knowledge of Chinese medical philosophy, Traditional Chinese Medicine (TCM), the meridian systems, needling techniques, and non-invasive techniques (such as used in Japanese acupuncture). You will be able to make a pattern-diagnosis and perform treatments as an independent veterinary acupuncturist. The course is for both small animal and equine veterinarians. You can choose to track either small animal acupuncture or equine acupuncture, or do both.

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In recent decades acupuncture has gained popularity in veterinary medicine. It can be combined well with Western and other Eastern medicine and therapy strategies. Veterinary acupuncture is indicated in cases of pain, osteoarthritic changes in the joints and other causes of lameness, protruding or slipped discs and other neurological disorders, gynaecological and digestive problems, pulmonary and cardiac problems and even disorders in the emotional field, to name but a few.

### SOME OF THE BENEFITS OF OUR ACUPUNCTURE COURSE:

- Besides high quality training in veterinary acupuncture and Chinese Medicine, the focus is also on yourself and developing your attitude and skills as a veterinary healthcare-professional. You will learn to integrate the knowledge into your Western medicine practice and to apply acupuncture without compromising yourself.
- We offer a modern hybrid course, allowing you to study some of the theory in the convenience of your own home or practice, at times that suit you best.
- Even after the first session you will be able and confident to practice simple acupuncture treatments on animals with basic needling techniques.
- We incorporate Chi Kung classes and exercises in the course. These exercises will help you to experience the flow of energy, to understand what energy does and how it can help to restore vitality. Besides the fun, it will definitely contribute to your skills as a healthcare-professional. It will give you opportunity to experience the benefits of practicing Chi Kung and cultivation of yourself as a healer. It is our intention to not only let you learn Chinese Medicine but really being able to grasp the physiologic effects that acupuncture has on the body so that one can communicate to a colleague and clients about how acupuncture can have such profound effects on the body.
- We give you a modern understanding of acupuncture. You will be able to explain to your clients and colleagues how acupuncture works based on the latest insights in neurophysiology.
- The course offers you opportunity to build bonds with like-minded colleagues.
- Besides the traditional needling techniques, we offer new techniques, which have proven to be very effective and pleasant to use on animals. We are the sole education that teaches these Non-Invasive needling techniques, such as the Ankh-needling techniques©, the use of the Harmonics silk cord © and the use of Acu Cream.
- We arrange both the S.N.V.A. and the IVAS-membership for our students for the period of the course. This allows our students to get acquainted with these professional associations, being able to network with like-minded colleagues and experience the benefits of joining IVAS (e.g. access to online forums and the online documents centre for members) without additional costs. After completion of the course, you are free to renew or discontinue these memberships.
- We have included the costs of workshop hours, required case logs and case report marking and the IVAS examination fee in our course price. Therefore, after completion of this course, you will have fulfilled all the IVAS requirements for certification, without additional costs.



**Concluding**, we provide a more comprehensive programme than the minimum IVAS requirements. This is our conscious choice, to offer a high-quality hybrid course that will give you sufficient confidence, knowledge and skill to get professionally started in practicing

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veterinary acupuncture.

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**Linda Boggie, course coordinator, about the course:**

“This hybrid course is truly designed to give students an understanding and appreciation of Chinese Medical Theory as well as the understanding of the proven beneficial physiologic effects of acupuncture so they can communicate with colleagues. It is a practically oriented course as our goal is to give each and every student the confidence to use acupuncture in conjunction with western medicine or as a stand alone modality when needed. The

addition of Chi Kung practice allows development of sensitivity in palpation of acupuncture points, increased proficiency in acupuncture as well as personal development as a healer. It has been wonderful to see the development of our students. They and the successes they have with their patients are the greatest reward!”

### PRACTICAL INFORMATION

**The course fee** is 4995,- euro (free of VAT). This includes all lessons (24 days), online lectures and webinars, extra classical workshop hours, review of 10 case logs and the final case report to meet IVAS certification requirements, course manual (digital; usb-drive), coffee/tea/lunch facilities, 1 year membership of IVAS, access to online learning environment (IVAS Moodle site), 1 year membership of The Dutch SNVA, the IVAS certification exam (1 general theoretical exam + 1 canine practical exam + 1 equine practical exam; the exams are spread over 2 days). Books are not included in this course fee. Re-examinations are not included in the course-fee. Payment in instalments is possible.

The course consists of 206,75 hours: 24 onsite days spread over 8 sessions (173,25 onsite hours) and 33,5 hours of online lectures, spread over a year. The last session includes the workshop days for participants that will prepare you to sit the IVAS certification exam and eventually obtain IVAS certification. You can find the complete course curriculum and a list of all mandatory and recommended books on our website (and are listed below).

The course will take place in our well equipped and beautiful education building that is centrally located (less than 60 minutes drive from Schiphol Airport).



**Review from the past course:** 'A wonderful course in beautiful settings with terrific teachers who care that you enjoy and understand what you're learning. There's loads of hands on experience with animals and small group teaching with superb teaching assistants to ensure you really know where the points are and how to use them effectively within a traditional framework. It's hard work but worth it. I've been practicing western acupuncture for a few years with good outcomes, but since starting this course and applying the traditional Chinese veterinary medicine to my patients, my results have improved considerably. And the course provides the best food of any continued professional development course I've been on in the twelve years that I've been qualified!' Review from Amy Watson DVM, CVA.

**For questions** please contact Claudia de Gooijer- Kant, coordinator, by telephone (+31 6-33688491) or email ([info@healthcare-academy.nl](mailto:info@healthcare-academy.nl)).

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### Course schedule:

Online lectures – from 13 September, to be viewed prior to session 1

Session 1 - October 2018: 11, 12, 13

Online lectures, to be viewed prior to session 2

Session 2 - November 2018: 15, 16, 17

Online lectures, to be viewed prior to session 3

Session 3 – Jan/February 2019: 31, 1, 2

Session 4 - March 2019: 7, 8, 9

Session 5 - April 2019: 11, 12, 13

Session 6 - May 2019: 16, 17, 18

Session 7 - June 2019: 27, 28, 29

Session 8 - September 2019: 26, 27, 28

IVAS examination 2 days: to be confirmed (November 2019).

A more detailed programme can be downloaded on our website: [www.healthcare-academy.nl](http://www.healthcare-academy.nl).



**Study load:** the complete hybrid course consists of 206,75 hours: eight 3-day sessions, making a total of 24 on-site days (173,25 on-site hours) and 33,5 hours of online lectures. 64 hours practical labs/workshops/live demonstrations are included in the on-site session hours. The study load based on contact hours is therefore estimated at 309 hours (lecturing hours per 60 minutes x 1,5; this includes preparation, homework and studying). Furthermore, you should count on 330 additional study hours for the required books and syllabus (English language, average of 6 pages per hour). The full study load of this course comes to 645 hours. The two examination days are not included in this study load.

### Examination and certification by IVAS:

To become an IVAS certified veterinary acupuncturist, participants must have completed: (1) Attendance of all required lectures (2) Attendance of all the workshops (3) Passing the IVAS exams (1 general theoretical exam, 1 practical canine exam, 1 practical equine exam) (4) Approval of 10 case logs (to be submitted within 6 months after the end of the course - due date for the 2018 course is 28 March 2020) (5) Approval of final case report (to be submitted within 1 year after the end of the course - due date for the 2018 course is 28 September 2020). After having passed these requirements students become IVAS certified and/or enlisted on the Dutch referral list (through the SNVA).

Any missed lectures or failed/missed exams can be caught up in the next course or with another IVAS certified course (any costs for this are not included in the course fee).

**Syllabus:** We strive to provide all the course material digitally (syllabus, presentations, etcetera). You will receive a personal USB-drive, on which the syllabus and other course material will be uploaded per session. We ask you to bring the USB-drives with you to all sessions, and keep this USB-drive strict for the purpose of this course.

**For information and registration  
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### Reading list:

#### Required books:

- Traditional Chinese Veterinary Medicine, fundamental principles - Huisheng Xie (An easy to read text explaining the basics of Chinese medical physiology and pathophysiology as it applies to veterinary species).
- Western Medical Acupuncture - White, Cummings and Filshie
- Horse Types - Eric Laarakker (Available in Dutch and English. Characterizes the types of horses seen based on the Five Elements or Five Phases).

#### Highly recommended:

- The Web that has no Weaver - Ted J. Kaptchuk (we recommend to read chapter 1-7 prior to the start of the course).
- A Manual of Acupuncture - Peter Deadman (A very nicely illustrated text for all point locations in people as well as discussion of channel and point energetics and indications)
- Fundamentals of Chinese Medicine - Giovanni Maciocia (In depth text concerning Chinese medical physiology, pathophysiology, channel energetics and the most commonly used points in people).
- Fundamentals of Chinese Acupuncture - Andrew Ellis (Handy small book that describes all points on the human, giving classic and modern anatomic locations, functions and indications of all points).



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